

KRIYAYOGA ASHRAM & RESEARCH INSTITUTE

Operated by Yog Satsang Samiti
Founder-President: Swami Shree Yogi Satyam

INDIA
Kriyayoga Ashram & Research Institute
Jhansi, Allahabad,
Uttar Pradesh, India, 211019
PHONE: 011-91-532-2569-243
CELL: 9415217278/9415235084



NORTH AMERICA
Yog Fellowship Temple
388 Plains Road, Kitchener,
Ontario, Canada, N2R 1R8
PHONE: 001-(519) 696-3869

Website: <http://www.kriyayoga-yogisatyam.org>

E-mail: yogisatyam@hotmail.com

Feb 11, 2013 – Kriyayoga Kumbha Mela News

Kriyayoga Reveals True Concept of Mauni Amaavasya

True Maun is known as complete silence, which is only possible when a person realizes that he is one with God, where God means the state of Omniscient, Omnipotent, Immortal consciousness. Mauni Amaavasya is comprised of two words, maun and amaavasya. Amaavasya represents ignorance (darkness) and maun represents state of oneness with complete Truth, which is oneness with God. A person who realizes oneness with God in the atmosphere of surrounding darkness is known as the state of Mauni Amaavasya. This statement was given by international spiritual leader, Swami Shree Yogi Satyam to pilgrims attending the Kriyayoga Camp at Mukti Marg in Kumbha Mela.

Swamiji explained that through Kriyayoga practice a person can reach to the state of Mauni Amaavasya very quickly and Scriptures reveal that in order to experience the perfect state of Mauni Amaavasya it takes one million years of diseaseless life. Fifty minutes of devoted Kriyayoga practice covers one hundred years time in one day. If anyone can practice Kriyayoga 10 hours per day then he can cover one million years in approximately three years time.

The Kriyayoga Ashram in Jhansi, Allahabad is fully dedicated to all in providing Kriyayoga classes to all. Kriyayoga classes are conducted at three different locations. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8 to 10 a.m. and 2:30 to 6 p.m.

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At Kali Road, classes are conducted from 6:30 a.m. to 7:30 a.m. At Mori Road, class is at 11 p.m. to 1 a.m. All are most welcome to attend and participate in the Kriyayoga classes.

Many Kriyayoga devotees have been attending these classes and have travelled from all over India and the world, including countries such as England, Russia, Canada, USA, Brazil, Italy, Germany, Bulgaria, Czech Republic, Australia, France, etc.

Taramata (Dr. Zena Bedessee, M.D., C.C.F.P.)
President – Yog Fellowship Temple, Canada
(North American Centre for Kriyayoga Meditation)