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Feb 16, 2013 – Kriyayoga Kumbha Mela News

Kriyayoga Practice Awakens the True Concept of Hanuman Worship

Today at the Kriyayoga Camp at Mukti Marg in Kumbha Mela, Indians and foreigners learned the correct style of worshipping Hanuman ji utilizing the practice of Kriyayoga meditation as taught by Swami Shree Yogi Satyam. Swamiji magnetized the crowd with the true concept of the essence of Hanuman ji and of the detailed scriptural truth about Hanuman ji. He described that Hanuman ji is an incarnation of Shiva and operates the workshop of the perception of touch. Hanuman ji is also known as the angelic consciousness of Pawan.

Swamiji clearly explained that the traditional offering of newly plucked smiling fragrant flowers at the altar of the traditional image of Hanuman ji has to be rediscovered by the spiritual scientist. In traditional worship, we do not care for the peace, joy and life pattern of the plant kingdom, which a unique manifestation of Cosmic consciousness (Omnipresent God). Disturbing the existence of peace and life of flowers cannot be considered a process of pleasing God. In fact, plants have to be served to achieve its full life cycle. Any part of a plant should not be cut and disturbed by anyone until and unless the part is diseased or deceased.

By concentrating on the existence of Hanuman ji, it becomes very clear that Hanuman ji represents angel of air consciousness, which operates and controls all processes of touch phenomena in the field of all dimensions of the body and mind. In all parts of the body from head to toes, various changes in the form of heaviness and lightness, pain and pleasure, comfort and

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discomfort, are manifestations of the workshop of angelic consciousness of Pawan. These changes are also known as the great power of Shiva. Therefore, Hanuman ji is called an incarnation of Shiva. Concentration on head to toes and accepting all kinds of touch perceptions in the form of heaviness and lightness, comfort and discomfort, heat and cold, should be accepted as Omniscient (all-knowing) consciousness and Omnipotent power (complete unit of power).

Swamiji continued to explain that in spiritual texts, it is very well explained that Hanuman ji had limitless power and he was able to know everything about anybody and any creation. He knew all information pertaining to their origin and complete existence.

In day-to-day living we misunderstand and misinterpret various physiological activities in our body and mind. We explain them through the language of relativity. People generally categorize various changes within the body and mind as comfort and discomfort, good and bad, pain and pleasure and these dual concepts dishonour the Omnipotent and Omniscient nature of **Hanuman consciousness**. Now everything is clear that the worship of Hanuman ji starts from the concentration on the body and mind with the devoted honouring of all various kinds of changes on the platform of hearing, touch, vision, taste and smell. During the practice of Kriyayoga meditation, the true concept of prasad (offering) was also explained by Swamiji and all were introduced to the scripture, Mahabharata, with the origin and existence of Draupadi consciousness within each and every person. During the practice of Kriyayoga meditation, prasad in the form of true knowledge and the power of Ahimsa is awakened within. This prasad removes all kinds of Dukha (miseries). The same truth is clear when we read the scriptural quote,

“prasāde sarvadhukhānām hānir asyo'pajāyate”

Kriyayoga classes are conducted at two locations. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8 to 10 a.m. and 4 to 6:30 p.m. At Mori Road, class is at 11 p.m. to 1 a.m. All are most welcome to attend and participate in the Kriyayoga classes. All classes are attended by people travelling from all over India as well as abroad from countries such as Canada, USA, Brazil, Czech Republic, Russia, France, South Africa, England, Australia, Lebanon, etc.

Taramata (Dr. Zena Bedessee, M.D., C.C.F.P.)
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