

# KRIYAYOGA ASHRAM & RESEARCH INSTITUTE

Operated by Yog Satsang Samiti  
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## Kriyayoga Practice Awakens True Concept of Mahabharata Within

When we enter into deep consciousness of Kriyayoga meditation then we realize that past, present and future exists at the same point and same time. Realization of this Truth opens the Truth hidden in the scriptures of all professed religions. Understanding clearly, one can realize that the great epic, Mahabharata revealed by Krishna Dvaipaayana, Brahmaharshi Vedavyāsa is the most beautiful explanatory science of Self-Realization. The Mahabharata proves that Self and God are one and that it is Omniscient, Omnipotent God who has become all. This realization brings complete oneness with Ahimsa and stops violence on all dimensions of human existence.

Teaching Kriyayoga, in the most wonderful and easiest way to the great, enthralled audience, Swami Shree Yogi Satyam, explained the Mahabharata in detail. He pointed out that Kripāchārya is the root cause of all misunderstandings. He explained about Kripāchārya who was present in the Mahabharata period of descending Dwapara Yuga. Seeing past into the present, Swamiji emphasized that when we dissect the word Kripāchārya by using the intuitive scalpel and scissors guided by Omniscient consciousness, it becomes clear that '*krip*' is imagination, '*a*' means opposite and '*āchārya*' means master. Combining '*krip*' + '*a*' + '*āchārya*' together explains the consciousness within which brings the explanation of different things opposite of the True concept about them. Here, 'things' means various thoughts and ideas about anything.

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Swamiji continued to explain that Kripāchārya is the consciousness of ignorance within and around and it is the source of all problems we encounter in life. He stated that everywhere, no matter where we go, we will always find the consciousness of ignorance (Kripāchārya) working. The greatest ignorance we encounter is the incorrect perception of self that we are mortal beings possessing mortal thoughts and ideas. By engrossing ourselves in these limited perceptions we embrace the consciousness of ignorance (Kripāchārya), also popularly known as Avidya. In this state, we feel our mortality instead of our True Immortal nature.

Swamiji stated that Kripāchārya is illusionary omniscient consciousness and is the image of the Eternal Omniscient consciousness. They exist together in the same way as the body and image stay together. Swamiji clearly explained that the practice of Kriyayoga meditation successfully neutralizes the effect of ignorance.

Swamiji further elaborated on the consciousness of ignorance (Kripāchārya) by stating that it increases misunderstanding amongst all. He explained that when Avidya enters into meditation it results in a terrible condition and it is very hard to get rid of it. When a person meditates and experiences mental and physical changes that they like, they label their meditation as **'good'**. When the same person again practices and feels changes that they do not like, they label their perceptions as **'bad'** and compare it to the previous spiritual experiences. This is called misinterpretation of perceptual changes and is guided by the consciousness of ignorance (Kripāchārya).

Swamiji clearly pointed out that all of our perceptions always change and that each and every change we perceive is never the same. He strongly advised never to compare the changes we experience otherwise we have selected Kripāchārya (ignorance) as our teacher. He stated that when we accept Krishna (Cosmic) Consciousness as our master then we experience each and every change as ever new (state of virginity). He explained that the true concept of virginity is experiencing our consciousness as never before – ever new. Swamiji explained that with the practice of Kriyayoga we can experience the virgin state and feel ever new, realizing our Immortal nature and be free from the bondage of Kripāchārya (ignorance).

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Kriyayoga classes conducted by Swami Shree Yogi Satyam run daily at the Kriyayoga Camp at Mukti Marg in Kumbha Mela. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8 to 10 a.m. and 4 to 6:30 p.m. At Mori Road, class is at 11 p.m. to 1 a.m. Classes are open to the public. All are most welcome to attend and participate in the Kriyayoga classes. All classes are attended by people travelling from all over India as well as abroad from countries such as Canada, USA, Brazil, Germany, Russia, France, England, Australia, Lebanon, etc.

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