

KRIYAYOGA ASHRAM & RESEARCH INSTITUTE

Operated by Yog Satsang Samiti

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Teachings of All Realized Masters and Prophets are All the Same

Kriyayoga meditation was taught and made available to all people by great Incarnations worshipped as Bhagavan Ram, Bhagavan Krishna, Jesus Christ, Sad Guru Kabir Sahib, Sad Guru Nanak Deva ji and in present ascending Dwapara Yuga, Yogavatar, Lahiri Mahashaya.

All have taught the same technique by using different lifestyles of vocal and written script and because of this, non-meditative people have misunderstood. They created the false concept that all teachings are different and not the same and therefore many spiritual paths were created. In reality, all of these realized masters explained the same Truth. This Eternal message of unity was taught and made available to all pilgrims by international spiritual leader of Kriyayoga, Swami Shree Yogi Satyam.



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Kriyayoga Brings A United World Guided By God-consciousness

Swami Satyam explained clearly that the same teaching of Kriyayoga meditation was taught by Lord Krishna, which can be found in the Srimad Bhagavad Gita. Swamiji stated that in the 1st and 2nd verse of Chapter 13 of Srimad Bhagavad Gita, Yogeshwar Krishna taught Arjuna that the Creator has become creation.

By practicing Kriyayoga, one realizes this Truth that the Creator – Omnipresent God has become human existence as well as animals, plants, and each and every creation and structure of the Cosmos represent the unique presence of God. The same thing was explained by Nanak Deva ji when he described that the True name and form behind each and every creation is 'Omkar'. Omkar represents God with three great properties – Shiva, Vishnu and Brahma. The same thing was explained by Jesus Christ who stated that 'I and God are one' which means that only God exists, nothing else. In other words, God has become all. By practicing Kriyayoga meditation, one experiences this Eternal Truth.

Kriyayoga classes are available to the public, free of charge at three different locations. At Kali Road, classes are conducted from 6 a.m. to 7 a.m. At Mori Road, classes run from 6:30 to 7:30 am. and 11 p.m. to 1 a.m. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8:30 to 9:30 a.m. and 2:30 to 5 p.m. All are most welcome to attend and participate in the Kriyayoga classes.

Taramata (Dr. Zena Bedessee, M.D., C.C.F.P.)
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