

KRIYAYOGA ASHRAM & RESEARCH INSTITUTE

Operated by Yog Satsang Samiti

Founder-President: Swami Shree Yogi Satyam

INDIA

Kriyayoga Ashram & Research Institute
Jhunsi, Allahabad,
Uttar Pradesh, India, 211019
PHONE: 011-91-532-2569-243
CELL: 9415217278/9415235084



NORTH AMERICA

Yog Fellowship Temple
388 Plains Road, Kitchener,
Ontario, Canada, N2R 1R8
PHONE: 001-(519) 696-3869

Website: <http://www.kriyayoga-yogisatyam.org>

E-mail: yogisatyam@hotmail.com

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Oneness with True Self

The presence of the human being is a unique manifestation of Cosmic consciousness which is designed to show that real happiness and joy is having no desire of possessing anything except Omniscient and Omnipotent consciousness.

In this state, a person performs all activities of hearing, touch, vision, taste and smell in order to help other people and creations to start and continue the willing journey to reach the sphere of Omniscient and Omnipotent consciousness. The properties of Omniscient and Omnipotent consciousness are Eternal peace and bliss. This was said by Swami Shree Yogi Satyam to pilgrims attending the Kriyayoga Camp at Mukti Marg in Kumbha Mela.

Swami Satyam ji explained that in the course of this journey a person has to perform any workshop like the conversion of devil consciousness into angelic consciousness and then the conversion of angelic consciousness into Cosmic consciousness. The workshop has nine stages, which are known as nine kinds of darkness designated by Nav-ratri. Kriyayoga meditation is the easiest, highest and most joyful spiritual practice that achieves the ultimate goal of human beings. This goal is to become one with the Omniscient and Omnipotent consciousness.

Swami ji stated that the realization of the ultimate goal removes all problems permanently. In this state, a person performs all activities unaffected by the fruits of action. The Kriyayoga ashram is fully dedicated to light the lamp of Kriyayoga meditation in all homes, first within India and then

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within all countries of the world. With the completion of this message, people will learn to respect and honour all animals, plants, mountains, oceans, lakes and rivers.

Swami Shree Yogi Satyam explained that the spiritual textbooks of Kriyayoga meditation are the Mahabharata, Ram Chirit Manas, Ramayana, Bible, some portions of Quran and the teachings of Kabir Sahib ji, Nanak Deva ji, Gautam Buddha, etc. He said that the knowledge of Kriyayoga was lost because of Kali – Yuga. With the opening of ascending Dwapar – Yuga, Mahavatar Babaji revived Kriyayoga and he donated this technique to Lahiri Mahashaya. Through Lahiri Mahashaya, Kriyayoga is proven to be the easiest, fastest and most joyful practice.

Kriyayoga classes are conducted at two locations. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8 to 10 a.m. and 4 to 6:30 p.m. At Mori Road, class is at 11 p.m. to 1 a.m. All are most welcome to attend and participate in the Kriyayoga classes. All classes are attended by people travelling from all over India as well as abroad from countries such as Canada, USA, Brazil, Guyana, Singapore, England, Australia, Poland, etc.

Taramata (Dr. Zena Bedessee, M.D., C.C.F.P.)
President – Yog Fellowship Temple, Canada
(North American Centre for Kriyayoga Meditation)