

# KRIYAYOGA ASHRAM & RESEARCH INSTITUTE

Operated by Yog Satsang Samiti

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## True Concept Behind Birth and Death

Any part of the Self and Cosmos is Immortal consciousness, which are constantly undergoing the process of transformation from invisible to visible and visible to invisible existence.

If a person is unaware when their visible form is transformed into invisible existence, they develop great fear and refer to this disappearing state as death. In reality, the concept of death is due to ignorance and the inability to experience the invisible state of our existence. Through the practice of Kriyayoga, we experience and realize oneness with the visible and invisible state of Self and are capable of controlling them according to need. In this state, the fear of death disappears and a person realizes that there is no death.

The conversion of invisible into visible and vice versa is known as the blissful display of life. This was explained by international spiritual leader, Swami Shree Yogi Satyam to pilgrims attending the Kriyayoga Camp at Mukti Marg in Kumbha Mela.

Swami Satyam explained further that in the course of practicing Kriyayoga meditation a person becomes aware of their Divine Will power, which reveals the Truth that there is no illness or sickness of any kind and there is no death. He stated that the cause of illness and sickness is attachment with likes and dislikes perceived by Blind Mind, which is working as the King of the body kingdom. By practicing Kriyayoga meditation, Blind Mind realizes that likes and dislikes are the ignorant concept of lifestyle. When a person practices complete oneness with the existence of

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the visible presence of Self as the human body they never practice likes and dislikes and only have true love for everything experienced on the platform of senses. While explaining the method of spiritual healing to pilgrims, Swami Satyam explained in detail various techniques to eliminate discomfort, pain, illness and sickness of body and of psychosomatic consciousness.

Kriyayoga classes are conducted at two locations. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8 to 10 a.m. and 4 to 6:30 p.m. At Mori Road, class is at 11 p.m. to 1 a.m. All are most welcome to attend and participate in the Kriyayoga classes. All classes are attended by people travelling from all over India as well as abroad from countries such as Canada, USA, Brazil, Germany, Russia, France, England, Australia, Poland, etc.

Taramata (Dr. Zena Bedessee, M.D., C.C.F.P.)  
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