

KRIYAYOGA ASHRAM & RESEARCH INSTITUTE

Operated by Yog Satsang Samiti
Founder-President: Swami Shree Yogi Satyam

INDIA

Kriyayoga Ashram & Research Institute
Jhunsi, Allahabad,
Uttar Pradesh, India, 211019
PHONE: 011-91-532-2569-243
CELL: 9415217278/9415235084



NORTH AMERICA

Yog Fellowship Temple
388 Plains Road, Kitchener,
Ontario, Canada, N2R 1R8
PHONE: 001-(519) 696-3869

Website: <http://www.kriyayoga-yogisatyam.org>

E-mail: yogisatyam@hotmail.com

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Kriyayoga Meditation Reveals the Glory of the Srimad Bhagavad Gita

The Srimad Bhagavad Gita is the scripture of scriptures. It is the Holy Bible of the Hindu religion and is popularly worshipped as the Song of the Spirit sung by Divine Mother incarnated in the form of Bhagavan Krishna to all human beings – children of God. The principle and philosophy of the Gita explains that God is everything. Its verses celebrate the discovery of The Absolute (Spirit), which is Omnipresent, Omnipotent, and Omniscient Consciousness.

The main subject of the Gita is to teach the Science of Creation of internal riches – Dam, Sham, Titiksha, Upraati, Shraddha, Samadhan. Kriyayoga meditation is the technical term also known as Karma Yoga which is a spiritual workshop for the transformation of lust, anger, attachment, aversion, illusion, pride, habit, ego and ignorance into spiritual force known as Omniscient, Omnipotent consciousness. This was explained by international spiritual leader, Swami Shree Yogi Satyam to pilgrims attending the Kriyayoga Camp at Mukti Marg in Kumbha Mela.

Swami Satyam again explained that oneness with God cannot be perceived by reading a book but only by practicing Kriyayoga meditation every day with complete joy and effort. This visible Cosmos came from God like the wave of the ocean. Ocean represents God. The end of the visible existence is known as merging of the wave with the ocean. The Gita teaches that there is no death of any creation. The appearance and disappearance of visible creation is like the appearance and disappearance of the waves of the ocean.

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Swami ji further explained that the entire knowledge of the creation, preservation and change is packed into the human consciousness. The expanded form of the Gita is known as the Mahabharata explains that each every step while performing Kriyayoga meditation makes one realize the ultimate reality that God has become all. During the practice a person realizes new changes each and every moment within each and every part of the body, head to toes. These changes are waves of knowledge of creation, preservation and change and should be accepted at that moment with the greatest honour and respect.

Bhagavan Krishna, the incarnation of Vishnu consciousness, was the perfect master of Kriyayoga meditation. He taught the Kauravas and Pandavas the science of Kriyayoga, which revealed to them the concept that God has become all.

Kriyayoga classes are conducted at two locations. At the Kriyayoga Camp at Mukti Marg in Kumbha Mela, classes are conducted at 8 to 10 a.m. and 4 to 6:30 p.m. At Mori Road, class is at 11 p.m. to 1 a.m. All are most welcome to attend and participate in the Kriyayoga classes. All classes are attended by people travelling from all over India as well as abroad from countries such as Canada, USA, Singapore, South Africa, Germany, Russia, France, Australia, Poland, etc.

Taramata (Dr. Zena Bedessee, M.D., C.C.F.P.)
President – Yog Fellowship Temple, Canada
(North American Centre for Kriyayoga Meditation)