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The Need For True Religion In The Present Time



The ultimate motive of all persons is the same -- the removal of pain and ignorance, and the attainment of Bliss and complete knowledge. It is easily possible when human beings become religious because religion binds a variety of human beings into one.

What is Religion?

The word religion is derived from the latin word “religare,” which means “to bind”. Any substance that binds by offering knowledge, power and thought is referred to as religious.

What does it mean to bind? Who does Religion bind? And why?

In the spiritual field, “to bind” has been given a technical name - the state of Yoga. “To bind” means to be together as one. Yoga means the same. Practising religion means realizing complete unity with all human beings. A religious person is a person who practices religion with all devotion. In this state, violence is replaced by love of God, ignorance is replaced by Omniscient Consciousness and pain is replaced by Bliss. Anyone who practices religion with all devotion remains free from bodily illness, mental inharmonies and spiritual sickness.

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Kriyayoga Brings A United World Guided By God-consciousness

The Real Meaning of *Sanatan Dharma* (Eternal Religion)

Religion is eternal. *Sanatan* means Eternal -- which exists all the time. In fact, each and every element in creation is eternal. Dharma is comprised of the following words: “*Dh*” - *the substance that we hold*; “*a*” - *powers of Brahma, Vishnu, Shiva*; “*r*” - *invisible power*; and “*m*” - *the visible substance where we observe changes (Shiva Shakti)*. Therefore, Dharma describes that our form (“*dh*”) is essentially the power of Brahma, Vishnu and Shiva (“*a*”), which are manifestations of the invisible power (“*r*”). In our form (“*dh*”), our head to toes, we experience many changes (“*m*”), also known as the power of Shiva Shakti. In other words, “*r*” becomes “*dh*” and “*dh*” becomes “*m*”. This transformation is happening all the time and is Eternal. The education which brings realization of this Truth is known as *Sanatan Dharma*.

How do we practice Eternal religion?

Scientifically, it has been proven that Kriyayoga practice is the simplest way to practice eternal religion. With the practice of Kriyayoga, a human experiences oneness with Self and hence, oneness with all. Then, all differences disappear, egoistic fights are dissolved and one awakens the consciousness of purity within.

With the perception of eternal religion, a human truly perceives that God has become all -- “*Eko Ahembahushyami.*” One perceives that one God has become both the manifested and the non-manifested, the visible and the invisible.

Who do we call God?

The substance that protects us, gives us complete knowledge and Bliss and removes all problems and ignorance of life is known as God, *Prabhu, Ishwara* or *Paramatma*. Such a person realizes that within oneself is the substance of existence, change and preservation which are our parents, earth, water, air, fire, sky, atoms and molecules, the kingdom of plants, the kingdom of animals, sun, moon, stars, and the 24 elements - *chit*, ego (*ahamkara*), wisdom (*buddhi*), mind (*man*), 10 senses (*indriyas*), 5 subtle elements (*tanmatras*), 5 gross elements, etc... . These are essential elements for creation, preservation and change of human existence.

Ultimate Truth, experienced in ecstasy, is that all creations described are manifestations of God and should be worshipped with all devotion. Without them, the existence of oneself is impossible.

In Divine Oneness,

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